



Umbrella Youth In Power
Program (YIPP)

Updated: April 2022

Program Overview:

This is a 12 week program that runs three times per year. *

- Spring = February - May
- Summer = June - August
- Fall = September - December

This program is designed to support three youth per program cycle with financial compensation for up to 5 hours per week.

*** Note: The program is designed in a way that allows for creativity and flexibility to accommodate needed changes based on individuals or necessary safety precautions due to the global pandemic.**

Program Summary

The Youth In Power Program at Umbrella is a work, education & leadership program designed to guide and support female-identifying, gender fluid or non-binary youth of the Northeast Kingdom to embrace their power. We aim to provide opportunities that increase; financial independence, experience in healthy workplace environments, and leadership qualities to become peer educators in healthy relationships and prevention. This program is intended to build community among youth and adults, as well as build self-confidence and self-reliance for all participants. This is done through mentorship and community outreach/engagement initiatives that vary based on program cycle and youth identified priorities.

We acknowledge that in order for youth to embrace their power there needs to be spaces for them to take charge of their lives and to provide them with the resources and support that allows them to build self-confidence, self-reliance and to strengthen their ability to support each other. Through this process of mutual respect and skill building, we create greater community change geared towards social justice. In addition, we know that in order to prevent sexual violence and dating violence youth need; access to supportive environments, connection to safe adults, and to work as leaders to change social norms that promote sexual violence & dating violence.

Through mentorship opportunities, this twelve week program intends to provide youth with a positive environment that supports their leadership development by allowing space for them to learn, practice and increase their individual skills while achieving personal and collective goals.

These positive program outcomes include:

Mentorship - Connect adults with youth, and youth with young kids, to build relationships in the community, as well as teach each other self-confidence and safe community norms. Train towards becoming peer educators, and mentors to young children and peers.

Education - Provide youth with the resources and skills needed via conversations and activities to deepen their understanding of DV / SV prevention work, greater systems of oppression, and the ways in which violence affects our personal abilities to engage in healthy, connected relationships on an interpersonal and communal level.

Community Engagement Initiatives -

Prevention projects -

Work with mentors on project management skills like planning, marketing, and facilitating activities such as, but not limited to, community outreach and awareness events coinciding with April's Sexual Violence Awareness Month (Spring), and October's Domestic Violence Awareness Month (Fall). In addition, participants will have opportunities to engage with youth in afterschool programs and summer camps to facilitate prevention activities and serve as mentors to youth.

Summer Program also includes additional community engagement opportunities -

Participants will work with mentors to connect with community organizers to bring prevention materials and activities into the community. These may include local farmers markets, music festivals and "Get downtown" events.

Financial Independence - support participants in developing financial independence and skills around managing finances.

Workplace experience -

Skills - Provide job interview experience and education on how to build resumes, write cover letters, and collaborate with others on a team.

Environment - Model a healthy and professional workplace environment for participants.

Inter-program Collaboration - All programs of Umbrella and participants of YIPP will have the opportunity to incorporate their specific needs/goals into this program while working collaboratively to create a working space that generates program exposure.

Program Objectives

Goals:

- Provide a work, education & leadership program for female-identifying, gender fluid, or non-binary youth in the Northeast Kingdom to embrace their power.
 - Full Leadership Development curriculum.
 - Daily journal prompts.
 - Self esteem, sexuality, and SV prevention workshops.
 - Training for participants to become “Peer Educators” for their communities.
 - Co-create Social Change program content (ie Podcast, virtual activities etc.).
 - Healthy work environment
- Provide space for youth led domestic and sexual violence prevention initiatives in our communities.
 - Host inter-program collaborative meetings
 - On-going supervision
- Give access for multiple departments to collaborate together.
 - Increase teamwork, morale.
 - Provide youth with experience working in a multi-pronged professional setting.
 - Generate program exposure.
- Increase awareness of Umbrella programming and mission.
 - Co-create outreach events, youth programming, & marketing

This project was supported by Grant No. 2020-CY-AX-0008 awarded by the Office on Violence Against Women, U.S. Department of Justice. The opinions, findings, conclusions, and recommendations expressed in this publication/program/exhibition are those of the author(s) and do not necessarily reflect the views of the Department of Justice, Office on Violence Against Women.