



Training's for Adults and Teachers:

Name	Participants	Description
WholeSomeBodies	Adults	From the Vermont Network against Domestic and Sexual Violence: WholeSomeBodies is a curriculum for adults who have children and youth in their lives—such as parents, teachers, coaches, and mentors. Through the course, participants will: increase their knowledge of healthy sexuality and increase their skills and motivation to model and teach healthy sexuality to the youth and children in their lives. * https://vtnetwork.org/wholesome-bodies-curriculum/
Askable Adults	Adults	This curriculum was created by the VT Network Against Domestic and Sexual Violence in 2017. A survey of 500 VT teens found the number one thing teens wanted more of in their communities were adults they could talk to about anything- aka “askable adults”. This training highlights key skills of an Askable Adult, as identified by VT teens. Participants are encouraged to reflect on their own experiences as a youth, explore their personal strengths and areas of growth, and make a plan of action around how they can be more askable for the young people in their lives. * https://www.vtnetwork.org/askableadult/
Sexual Harm & Sexual Assault Culture	Adults	Participants will gain a shared understanding and language on; what constitutes sexual harm and sexual violence, how a culture of sexual harm perpetuates sexual violence, effects on and resources for survivors, as well as, the role we can all play in creating safer communities through intervention and prevention.
Domestic Violence 101	Adults	Participants will learn about the complex dynamics of domestic violence, the impact it has on individuals and families and how Advocacy can help.

Prevention 101	Adults	Participants will explore the ways to support protective factors and decrease risk factors for incidences of sexual violence as well as look at the dynamics and impact of what some have termed a “Rape Culture”.
Nurturing Healthy Sexual Development	Adults	From Prevent Child Abuse Vermont: “Participants will: a) summarize healthy sexual behaviors of children at different developmental stages; b) give examples of how to nurture healthy sexual development in children. This program is for teachers and caregivers of children of all ages, with a particular emphasis on infants through after school.”
Children Who Experience Domestic Violence	Adults	Compassionately explore the effects of domestic violence on children at all stages of their development.. Learn how this environment impacts them and how to best support these children.
The Vermont Teacher’s Guide Training	Adults	“ <u>Keeping Kids Safe</u> ” Learn how to identify signs that students are witnessing domestic violence at home or experiencing sexual violence. This training also helps teachers learn to identify signs of human trafficking. https://dcf.vermont.gov/sites/dcf/files/Resources/VTteachhandbook.pdf
Child Sex Trafficking	Adults	Participants learn about common indicators of a child or youth being sex trafficked, individual risk factors and how to support a survivor of sex trafficking. Participants will also learn about the grooming process and challenge myths around perpetrators of child sex trafficking.

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