



High School Age

Name	Grade Level	Description
Healthy Relationships	7-12	Youth explore the spectrum of relationships to understand the signs and indicators of a healthy, unhealthy or abusive relationship. We look use the Teen Power and Control & Equity wheels as a tool to further identify the dynamics of relationships with an emphasis on romantic relationships. Youth will also learn how to support a survivor of a dating violence and contrite to creating safer communities. *
Consent & Boundaries	7-12	This workshop intends to support students in developing a holistic understanding of consent as an everyday life practice in order to combat harmful cultural norms which promote & build tolerance of sexual violence. Participants will be supported in recognizing the connection between consent, boundaries and healthy relationships. Youth will also learn how to support a survivor of a sexual assault. *
Gender Roles, Stereotypes, Identity, and Sexuality	6 - 12	This workshop supports students in developing a holistic understanding of the way binary gender roles and stereotypes promote sexual violence and dating violence in our society. We discuss the impact of gender roles and stereotypes on our ability to have healthy relationships, cultivate safe communities, and prevent intimate partner violence. *
Continuum of Sexual Harm	9 - 12	In this workshop we take a deeper look into what it means to live in a Culture of Sexual Harm, and ways in which sexual violence and dating violence are normalized in society. The goal is to have participants engage in critical analysis of media & normalized behavior, and understand the individual & collective impact of these norms. *

Online Safety & Safe Online Communities	6-12	In this workshop youth will learn the legalities behind sending sexual images online and have a better understanding of online safety. Participants explore what it means to ensure online community spaces feel safe, and how to ask for support when needed. *
Bystander Intervention	7-12	This interactive workshop is designed to give students the knowledge and tools necessary to engage as a positive bystander within their spheres of influence. There is a focus on understanding consent, dissecting cultural norms that promote harm and the importance of being a leader who role models a collective responsibility approach. We will explore the positive impact that intentional bystander intervention can have and ways youth can increase skills for effective approaches to difficult situations. *
Safe Dates	9-12	An evidence based program focused on prevention of teen dating violence.:” this program helps teens recognize the difference between caring, supportive relationships and controlling, manipulative, or abusive relationships” - Presentation description from SafeDates https://www.hazelden.org/web/public/safedates.page
In Their Shoes	9-12	A participatory experience. Participants become one of six, teen characters based on the experiences of real teens including sexting, pregnancy, homophobia and stalking. They make choices about their relationships and move through the scenario by reading about interactions with their dating partner, family, friends, counselors, police, and others. Created by the Washington State Coalition Against Domestic Violence.
Bringing In the Bystander	9-12	An evidence based multi-session educational program that encourages students to become positive bystanders in instances of sexual and interpersonal violence and harassment. Students learn to identify problem situations and learn practical skills for safe and effective intervention. * https://www.unh.edu/research/prevention-innovations-research-center/bringing-bystander

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